



# Building Relationship Skills and Enriching Marriages

Two Participatory Workshops with  
Facilitator Susanne M. Alexander, Relationship and Marriage Educator/Coach

Sponsor: Spiritual Assembly of the Bahá'ís of Houston  
Houston Bahá'í Center  
2419 Fannin Street  
Houston, Texas, 77002

Early and Pre-Registration Is Very Helpful! Please Invite Others Too!  
(On-Site Registration will be Available the Day of the Event);

workshops are based on the Bahá'í teachings for Bahá'ís, their spouses/relationship partners, and close friends.

## \*\*\* WORKSHOP 1: DEEPENING YOUR MARRIAGE CONNECTION

"...[H]usband and wife should be united both physically and spiritually, that they may ever improve the spiritual life of each other, and may enjoy everlasting unity throughout all the worlds of God." ~ 'Abdu'l-Bahá

**Saturday, May 10, 2014: 9:00 a.m.–5:30 p.m. (On-site registration begins at 8:30 a.m.)**

**Married (and Engaged) Couples** – Through individual work, private couple discussion and practice time, small groups, and large group discussion, we will experience these subjects together: The purpose of marriage; creating oneness and friendship; increasing physical and spiritual unity; building couple consultation skills; strengthening character; and managing time and service choices. Couples will receive the books *Pure Gold: Encouraging Character Qualities in Marriage* and *Deciding in Unity*. (Note: Sessions are enrichment for healthy married couples, not those in crisis.)

**Cost for Workshop 1:** The workshop is free. There will be a \$15.00 fee per couple for materials.

## \*\*\* WORKSHOP 2: EXPLORING & UNDERSTANDING RELATIONSHIPS AND MARRIAGE

"Careful preparation for marriage is an essential first step in the preservation of Bahá'í marriage." (Bahá'í World Centre Research Dept.)

**Sunday, May 11, 2014: 1:30-5:30 p.m. (On-site registration begins at 1:00 p.m.)**

**Unmarried Individuals Ages 18 to 35** – Being in a relationship and thinking about marriage takes confidence, courage, and commitment. Topics will include: Why marry and what to expect; being a couple: dating, courting, and chastity; how can you really know someone's character; living a life of service; and an interactive married couple panel. Individuals will receive *Marriage Can Be Forever—Preparation Counts!*.

**Cost for Workshop 2:** The workshop is free. There will be a \$15.00 fee per person for materials.

**Please Note:** These are participatory, knowledge and skill-building, and fun sessions. They are educational, not therapy. Sessions will include the Bahá'í Writings and be primarily focused for Bahá'ís; people of any faith are welcome.

**Childcare:** None is provided, so please make your own arrangements so you can come and focus.

**REGISTRATION:** The facilitator and the Spiritual Assembly are requesting the respect and courtesy of you registering as soon as possible (and coming early on the day of the workshop) to facilitate ordering of books and preparation of materials and refreshments. You can register by email at [contact@houstonbahai.org](mailto:contact@houstonbahai.org) or by calling Brad or Jane James at 281-752-7430. **Pre-Registration deadline is April 25, 2014.**

**Workshop Content or Format Questions?:** Susanne M. Alexander, Marriage Transformation, [susanne@marriagetransformation.com](mailto:susanne@marriagetransformation.com); 423-599-0153; [www.marriagetransformation.com](http://www.marriagetransformation.com), [www.bahaimarriage.net](http://www.bahaimarriage.net), and [www.bahairelationships.com](http://www.bahairelationships.com).